

Yoga Club

All welcome

Thursday 3.30 - 4.30pm

NEW DAY

£99 for 11 sessions.

(Children are dropped to club by class staff)

Classes will run:
17th Sept to 3rd Dec)
(excluding half-term)



WHAT WE DO

- 60 mins of decompressing after a busy day at school
- Games to engage the body and brain
- Yoga practice to stretch the body and challenge ourselves
- Quiet time to calm ourselves and be creative

To Book:
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