

# Coronavirus (COVID-19): what you need to do

## Stay at home

- Only go outside for food, health reasons or work (where this absolutely cannot be done from home)
- Stay 2 metres (6ft) away from other people
- Wash your hands as soon as you get home

Anyone can spread the virus.

[Full guidance on staying at home and away from others](#)



## Announcements

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**You must stay at home apart from essential travel or you may be fined**

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**If you live in the UK and are currently abroad you are strongly advised to return now**

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**All non-essential shops and community spaces are closed**