

4<sup>th</sup> December 2017

Dear Parent/Carer

Our new P.E. policy is now available on the website but please take note of a few changes we have made due to health and safety procedures.

- Please remove your child's jewellery before they come to school. This includes earrings. If you wish for your child to continue wearing jewellery, you are required to write a letter to say you accept all responsibility in the case of any accident. If a child wears jewellery and no letter has been submitted, the class teacher or Head teacher will remove the jewellery (necklaces, bracelets, anklets) or cover all earrings with low tac tape. They will not remove the tape. This should be removed when the child goes home.
- Hair must be tied back, including boys if their hair has grown to shoulder length. Teachers are allowed to tie hair up (hair bands, not elastic bands, will be supplied) or they will encourage children to tie their own hair back.
- Bare feet are essential for Gymnastics. Verrucas can be covered by parents with clear nail varnish. It is agreed by doctors and understood by the afPE (Association for Physical Education) that verrucas do not spread unless in a wet environment. Children with verrucas will still do P.E. in bare feet. Under no circumstances should children do P.E. in socks. Plimsolls/trainers will be worn in games and athletics and may be worn during dance.
- All children are required to have their P.E. kit in school every day, not just the days they are timetabled to have a P.E. lesson. Often we have sports coaches coming in on different days to timetabled P.E. lessons and children will be expected to wear appropriate kit and footwear. If P.E. kits are not in school, teachers do have spare kits but children are not always keen to wear a spare kit. Please provide your child with any tee shirt and shorts and appropriate footwear (plimsolls or trainers). Although we have green shorts and Alwyn tee shirts for sale from the school office, it is not uniform. Any appropriate sports kit (inc. footwear) is acceptable. Please be aware that although leggings are fine for wearing in games or dance, they are not appropriate for gymnastics as children, when climbing apparatus, may slip and fall. Children should not have the back of their knees or below their knees covered in gymnastics. Cycling shorts are perfectly fine. A tracksuit, but no hooded sweatshirts, may be provided as they are more appropriate for outdoor P.E.

Many thanks for your support in these matters.

Yours sincerely

Mrs M Evans  
Physical Activity Coordinator